

## own christian value: Resilience

- Resilience is not giving up even when things are difficult.
- Resilience is embracing challenge.
- Resilience is being able to withstand stress.
- Resilience is bouncing back.
- Resilience is not being scared to make mistakes.
- Resilience helps me to feel confident.
- Resilience is understanding that we can't always get our own way.

Resilience				
Perseverance	Determination	Optimism	Independence	Self-belief
Positivity	Courage			

## Shine as lights in the World